



Shahid Beheshti University of Medical Sciences School of Nursing and Midwifery Education Development Office	Document ID
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Information about the course
Department: Community health nursing Name of Course: Individual and family health nursing Type and number of credits: 1.5 Theoretical units Pre-requirement/co-requirement: Non Course and level of study: Bachelor of Nursing, semester 2 Class day and time: Sunday and Tuesday 15-17

The information of the person in charge of the course	Information of associate professors
Name of the person responsible for the course: Mahsa Matbouei Science ranking: Non-faculty instructor Major: Nursing education Workplace: Shahid Beheshti University of Medical Sciences School of Nursing and Midwifery Phone Call: 09127256302 E-mail: Mah.matbouei@ gmail.com	Collaborating Lecturers: Meeting time and place: Phone Call: E-mail of Professors:
The date of the last revision of the lesson plan: 1.7.1400	



Lesson Description

Main Goal:

This course provides learning experiences in the field of investigation, recognition and diagnosis of family health issues and problems and methods of solving them

Specific Goals: (expected competencies)

After the end of the course, the learner is expected to be able to:

- Explain the structure and function of family types.
- Explain individual and family health
- Name personal and family health issues and problems and use the nursing process to solve the problems in the family
- Describe the theories that can be used in the family
- Explain marriage and family life stages
- Describe the basic principles of home visits.
- Use theories that can be used to improve the health of the individual and the family carefully

Educational Approach

Virtual class

Related teaching-learning method

Simultaneous online class non-simultaneous online class inverted class
simulation methods gamification discussion
forums

Other

In-person class

Related teaching-learning methods:

Lecture small group discussion question and answer
solution-based learning problem-based learning scenario-based learning,
project presentation

Other (name):

Hybrid

Please name the method use from all face-to-face and virtual methods:

Lectures and problem solving and analytical and question and answer in small groups



Tentative Lesson Plan

Session Number	Date	Topic	Teaching-learning method	Lecturer
1	2023.02.05	Presenting the lesson plan, reviewing the outlines, presenting the topics of student conferences, dividing student groups to present the conference	Lecture - question and answer - discussion in small groups	teacher
2	2023.02.12	The concept of family and its types	"	teacher
3	2023.02.19	Principles of health and health in the family	"	teacher
4	2023.02.26	Family from the perspective of Islam	"	Conference
5	2023.03.05	Nursing process in the family	"	teacher
6	2023.03.11	Violence in the family	"	Conference
7	2023.04.09	Role structure and family function 1 and 2	"	
8	2023.04.16	Divorce and single parenthood and its effects on the family and children	"	Conference
9	2023.04.30	Family life cycle	"	teacher
10	2023.05.07	Misbehavior in children	"	Conference
11	2023.05.14	Marriage health with emphasis on genetic counseling	"	teacher
12	2023.05.21	Vulnerable family (poverty, migration and chronic disease)	"	Conference
13	2023.05.28	home visit	"	teacher
14	2023.06.11	Disability in the family	"	Conference
15	2023.06.18	Nursing models that can be used in family nursing	"	teacher
16	2023.06.25	Addiction in the family	"	Conference



Student Expectations/Course Rules

- - Participating in group conferences and presenting in class
- - Participating in class discussions and attending on time and regularly

Evaluation Method

Formative assessment: Presentation of class quiz - assignments

Summative assessment: end of semester exam

No.	Evaluation method	The contribution of the method to the student's final grade
1	End of semester grade	15
2	Student participation during the discussion - quiz score - class conference - regular and timely attendance in class	5

Lesson Resources:(last edition)

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- **Books**
- Hosseini, Maimant; Rouhani, Kamelia; Hosseinzadeh, Safiya. Family health nursing. Tehran: Bushra Publications, 1400
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- -Hosseini, Maimant; Asadi Narges Individual and family health nursing 2. Tehran: Beshari publications, new edition
- - Friedman M.M, Bowden V.R, Jones E. Family Nursing: Research, Theory & Practice. Prentice Hall, 2003.
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- - Stanhope M, Lancaster J. Public Health Nursing: Population-based Health Care in the Community. St. Louis, Missouri: Elsevier, 2016.

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- **Article**

- - All new related articles with the title taught on reputable sites

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- **E-learning materials**

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- E- books

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